



Bible Story Focus: I Can Trust God's Plan Even When It's Hard • Joseph in Jail • Genesis 39-40

Memory Verse: "For I know the plans I have for you," says the Lord." Jeremiah 29:11 NLT

Key Question: Who has a plan for you?

Bottom Line: God has a plan for me.

Activity #1- Bible Story

Before doing the activity be sure to watch our preschool lesson on this page. Today we will be learning the story of Joseph.

Activity #2- Moving Plans

What you need: No supplies needed.

What you do: Choose one of the following movements and have your child do that movement for ten seconds. At the end of ten seconds say "FREEZE!" Then choose another movement and do it again.

- Jumping Jacks
- Jump
- Touch your toes
- Sit
- Clap
- Twist
- March
- Squat
- Tip Toe
- Spin
- Pat your head
- Raise your hands

What you say: "Whew, that was fun—and tiring! You did a great job of following the plan for each of these movements. God has a plan for each of us, and we can always trust that His plan is the best. **Who has a plan for you? God has a plan for me.**"