



## Singing Through the Storms

Sunday, May 31, 2020

### Singing through the Storms

(Psalms for every season of life...even the hard ones)

### Listen to this Psalm... (Psalm 3)

Psalm 3

<sup>1</sup> Lord, how many are my **foes!**

How many **rise up against me!**

<sup>2</sup> Many are saying of me,

"God will **not** deliver him."

<sup>3</sup> But **you, Lord, are a shield around me,**

my glory, the One who **lifts my head high.**

<sup>4</sup> I call out to the Lord,

and **he answers me** from his holy mountain.

<sup>5</sup> I lie down and sleep;

I wake again, because the **Lord sustains me.**

<sup>6</sup> I will **not fear** though tens of thousands

assail me on every side.

<sup>7</sup> Arise, Lord!

Deliver me, my God!

Strike all my enemies on the jaw;

break the teeth of the wicked.

<sup>8</sup> **From the Lord comes deliverance.**

May your blessing be on your people.

**I Can Sing Through the Storm...**

1. **Not** because I **never face** life's storms and life is always **easy!** (Psalm 3:1)

***Don't kid yourself...hard times come to all of us!***

**I Can Sing Through the Storm...**

2. because I know who **protects** me! (Psalm 3:3)

***Remind yourself...God is my shield!***

**I Can Sing Through the Storm...**

3. because I know who **sustains** me! (Psalm 3:5)

***Keep perspective...God gives sustain power in the storm, not me!***

**I Can Sing Through the Storm...**

4. because I know who **delivers** me! (Psalm 3:8)

***Look to Jesus... Only He delivers, forgives, and grants eternal life!***

**Listen to this Psalm... (Psalm 4)**

Psalm 4

<sup>1</sup> **Answer me** when I call to you,  
my righteous God.

Give me **relief from my distress**;

**have mercy** on me and hear my prayer.

<sup>2</sup> How long will you people **turn my glory into shame**?

How long will you **love delusions and seek false gods**?

<sup>3</sup> Know that the **Lord has set apart his faithful servant** for himself;  
the Lord **hears when I call to him**.

<sup>4</sup> **Tremble and do not sin**;

when you are on your beds,

**search your hearts and be silent**.

<sup>5</sup> Offer the **sacrifices** of the righteous  
and **trust in the Lord**.

<sup>6</sup> Many, Lord, are asking, "Who will bring us prosperity?"

**Let the light of your face shine on us**.

<sup>7</sup> Fill my **heart with joy**

when their grain and new wine abound.

<sup>8</sup> In **peace I will lie down and sleep**,

for you alone, Lord,

**make me dwell in safety**.

**I Can Sing Through the Storm...**

5. because I know He **hears me** and **answers** my cry! (Psalm 4:1 & 3)

**Cry out to God...and expect to hear back!**

### **I Can Sing Through the Storm...**

6. because I know whose [face shines](#) on me! (Psalm 4:6)

***Look to God...and see His light shine on you and from you!***

### **Aaron's prayer (or the Aaronic Prayer) Numbers 6:24-26**

Numbers 6:24-26

<sup>24</sup> *“The Lord bless you*

*and keep you;*

<sup>25</sup> *the Lord make his face shine on you*

*and be gracious to you;*

<sup>26</sup> *the Lord turn his face toward you*

*and give you peace.”*

### **I Can Sing Through the Storm...**

7. because I know the [source](#) of my [joy](#)! (Psalm 4:7)

***Dare to ask... Lord, bring me joy!***

### **I Can Sing Through the Storm...**

8. because I know the [source](#) of my [peace](#)! (Psalm 4:8)

***Declare it with confidence...God is watching over you***

**We can sing through the storms because we are never alone, no matter how bad the storm gets**