

Bias Tape Face Mask with Flexible Nose

Written by Kimberly Coffin on March 21, 2020 (from Joann.com website)



Learn how to sew a face mask with ties and flexible nose piece with this step-by-step tutorial.

While wearing a homemade face mask will not prevent someone from catching Covid-19, it can decrease the spread of large particles when someone who is infected sneezes or coughs.

SUPPLY LIST

100% Quilting Cotton Fat Quarters
Sewing Machine
Rotary Cutter
Self-Healing Cutting Mat
Acrylic Ruler
Sewing Pins
Floral Wire
Wire Cutters

Cutting Chart

Adult: 9" x 7" Child: 7" x 5"

Cut 2 pieces of Double Fold 1/2" Bias Tape
40" long

Step 1. Pin Fabric

- Place two pieces of fabric right sides together. Save the third piece for the end of step 2.
- Place a pin in each corner of the rectangle and horizontally mark the center of the rectangle.

Step 2. Sew Two Sides

- Sew the short sides of the face mask making sure to backstitch at the beginning and end of each seam using a 3/8ths inch seam allowance.

Step 3. Turn Fabric

- Turn the mask right side out and use an iron to press it flat. Take care to roll the seams outwards.

Step 4. Create Pin Tuck Markings

- Create three pintuck markings by folding the mask in half and pressing it with an iron and then folding the outside edges to the center and pressing again.

Step 5. Sew Bias Tape.

- Open the ends of the bias tape and fold them backwards so the right sides are touching each other. Sew a straight line along the short end of the bias tape making sure to backstitch. Turn the corner right side out to create a clean finish.
- Find the center of the bias tape and position it at the center of the mask. Open the bias tape to align the raw edge of the bias tape with the raw edges of the mask. Pin in place along the length of the mask. Sew the bias tape in place along the crease closest to the raw edge, repeating this on the opposite side.
- **OPTIONAL Cut a 5-6 inch piece of floral wire to create a flexible nose piece. Bend the ends of the wire inwards to prevent them from poking through the fabric. Slip the wire into the bias tape along the top middle of the mask. Pin on either side of the floral tape and push it upwards to avoid sewing over it.*
- Fold the bias tape upwards and encase the raw edge, pin in place and sew along the entire length of the bias tape 1/4th of an inch from the edge.

Step 6. Create Pin Tucks

- Create 1/2" folds facing downwards. Pin the folds in place making sure all tucks are facing the same direction.

Step 7. Topstitch

- Sew over the pintucks along the right and left edge of the entire mask using a 3/8ths inch seam allowance.