

Women's Discipleship Community

June 2021

PRAY.



SHORELINE.CHURCH

A Note From Our Team

CHECK OUT OUR PLAYLIST ON SPOTIFY!

Scan the code below in your Spotify App or
search by the name of the playlist.



SHORELINE CHURCH
MONTEREY

"JUNE 2021 - WOMEN'S
DISCIPLESHIP
COMMUNITY"

One of the most amazing and inexplicable gifts that humans experience on earth is the ability to talk with God. Creator God, in His perfection and holiness gives His people access to Him at all times - every single moment of every single day. What is even more miraculous is that when we speak, we can have confidence that He hears every word (1 John 4:15). Even when we do not know what to pray, the Holy Spirit intercedes in our wordless groans (Romans 8:26). God delights in us and invites us to share an intimate and personal relationship with Him - one where we pray continually (1 Thessalonians 5:17).

This month, we invite you to pray continually...but how? How can anyone live up to this spiritual expectation? Sherry Harney, in her book, *Praying with Eyes Wide Open*, writes that after years of struggling with this passage, the Holy Spirit breathed a simple truth of understanding into her soul. *It is not that we have to pray continually; it is that we get to pray continually!* The wonder and joy is that the Maker of heaven and earth invites you and me to commune with Him at all times and in all places. When we are ready to communicate with Him, His eyes, ears, and arms are always wide open.

The following pages invite you to communicate with God in new and exciting ways. We challenge you to try as many ways to communicate with Him as possible! As you complete each suggestion, reflect on how it helped (or did not help) you to commune with God more freely. Our goal is that you experience the incredible gift of prayer this month and that your prayer life would continue to grow and flourish.

It just takes one initial step...**Pray.**

JOIN OUR PRAYER WALL!

Post a prayer request and join us in praying for the women in our Women's Discipleship Community. This page will be private to just our group!

www.shoreline.church/prayer-wall

- ☐ Pray this simple, two sentence prayer: "Lord, I need you. Remind me that you are enough."

- ☐ Open your Bible to Psalm 23. Read it a couple of times, letting its words become your prayer.

- ☐ In the car today, turn off the radio or any other distractions and use the silence to talk to Jesus.

- ☐ Have a worship song be your prayer for the day and sing it joyfully (or tearfully) to God.

- ☐ Take a hike and admire His beautiful creation. Thank Him for all the beauty you see!

- ☐ Thank God for small blessings that pop up in your day. Ex: the ability to buy groceries or a safe place to sleep at night.

- ☐ Practice the "Face, Knees, Seat, Feet" postures of prayer from Beth Moore. Try laying face down, on your knees, in a chair, or standing straight up. How did these postures help you focus during your prayer time?

- ☐ Open your Bible to Matthew 6:9-13. Read Jesus's guide for prayer and make it your own!

- ☐ Pray short prayers for the people that come in and out of your life in a day: friends, local barista, or your cashier at the grocery store.

- ☐ Pray for our leaders: church, government, school, etc. Ask that God would be present in their leadership and decision-making.

- ☐ Take a walk around your neighborhood, child's school, or workplace and pray as you walk for the people involved in each place. Pray for your ability to be a bright light for Christ to them.

- ☐ Ask a friend, spouse, or church leader to pray for you and with you.

☐ Let your waiter at a restaurant know that you are going to pray before you begin eating. Ask if they have any prayer requests!

☐ At meal times with family take prayer requests when you sit down to pray together.

☐ Follow the ACTS prayer guide: start by Adoring God, Confessing your sins, offering Thanksgiving for the blessings of your day, and finally Supplication for yourself or others.

☐ Post a prayer request to the Women's Discipleship Community Prayer Wall and commit to prayer for one or more of the requests on the page!

☐ Say a prayer for your spouse today.

☐ Start a prayer journal - list your own personal prayers and the prayers of your friends/family.

☐ Intentionally listen to the needs of others and commit to praying for that person this week.

☐ Pray with your children as you tuck them in at night.

☐ Pray with the Prayer Team after Sunday service - either in person or by emailing prayer@shoreline.church.

☐ Ask for forgiveness from God and others. Know that our God hears and has already forgiven!

☐ Practice the spiritual discipline of "Listening Prayer": sitting quietly in the presence of God, expectant to hear His voice.

More Resources

BOOKS

Praying with Eyes Wide Open by Sherry Harney

God's Many Voices: Learning to Listen, Expectant to Hear by Liz Ditty

BIBLE STUDIES

Praying with Eyes Wide Open, Small Group Videos by Sherry Harney

Discerning the Voice of God by Priscilla Shirer

SERMONS & PODCASTS

Praying with Eyes Wide Open Sermon Series with Kevin Harney, Shoreline Church

"Worship and Prayer" Metrics: Measurements that Matter with Kevin Harney, Shoreline Church

OTHER RESOURCES

FREE Downloadable 10-Day Prayer Journal from Proverbs 31 Ministries

Creatures of Habit: 7-Day Plan by the YouVersion Bible App

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