



**WOMEN'S DISCIPLESHIP  
COMMUNITY**

*Renew*

**JANUARY 2021**



**SHORELINE.CHURCH**





# Welcome to our community!

We are excited to bring you a community that will draw us together to help us grow in Christlikeness. Every ministry of Shoreline Church exists to "Help as many people as possible become totally committed to Jesus Christ." Our goal in this community is to live out this mission as we learn to:

Live with Christ    Live like Christ    Live for Christ.

We believe these three goals capture the heart of God for every woman. This simple motto clarifies how each of us can live a life that honors God and brings us the greatest possible joy. We invite you to join us as together we learn to "Live with Christ, Live like Christ, Live for Christ." Living with God's love through Christ is about belonging to Him. Living like Christ through the power of the Holy Spirit is about growing in Him. Living for Christ is revealed while we are serving others for God's glory.

Ephesians 5:1 captures this vision beautifully: "Be imitators of God, therefore, as dearly loved children and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."

This month you will find a 5-Day Challenge that helps you develop a rhythm for getting into the Word and spending time with the Father. We are praying for you as you create a pattern of renewal for this year. Let's get started.

Many Blessings,

Your Women's Ministry Leadership Team





# THE 5-DAY CHALLENGE

## *Choose a time and place*

Select a time that works best for your schedule - early in the morning, after the kids are in bed at night, or during your lunch break at work.

## *Find a Bible you like to use*

We suggest using a translation that is easy to read with footnotes. One of our favorites is the NIV Study Bible available on Amazon.

## *Print this guide or use a journal*


Each day you will have space to reflect on a passage of Scripture and a prayer to God. Use your own personal journal if you prefer!

## *Engage your senses*

If you enjoy listening to worship music while in God's Word, download a playlist or build your own. If you enjoy experiencing God's creation, get outside! Whatever helps you connect with God.

## *Enjoy this time with your Father*

Spending time in the Word should be a time of sweet intimacy with your Heavenly Father. Relax and enjoy time with Him!





# Day One

## BEGIN IN PRAYER

Ask the Holy Spirit to meet you wherever you are, and reveal the truth of His Word as you read.

## READ JOHN 6:35-40

Read through this passage slowly a couple of times.  
In the space below, paraphrase in your own words.

## REFLECT

What is one action you could take this week in light of today's verse? Write out your thoughts below.


## SPEND TIME IN HIS PRESENCE

There are many ways to spend time with God - go for a walk, write out a prayer, turn on some worship music and sing your heart out! Intentionally set aside some time to be in His presence today.



### Daily Challenge:

Drink plenty of water today.  
The average woman needs more than a gallon of water for our bodies to function!





# Easy Bread Loaf Recipe

This bread recipe is a staple that is great all year round and guaranteed to please a crowd! Serve toasty warm with your favorite spread. As you enjoy this bread, remember our God, the Bread of Life, who meets our needs yesterday, today, and for the rest of our lives.

## INGREDIENTS

- 1 1/2 cup warm water (not hot water)
- 1/2 tsp instant dry yeast
- 1/2 tsp sugar (this feeds the yeast, use any kind)
- 1 tsp salt
- 3 cups flour


## INSTRUCTIONS

Mix the warm water, dry yeast, and the sugar in a glass bowl. Wait 10 minutes. In a separate large glass/ceramic bowl, pour 3 cups flour and 1 tsp. salt. Whisk to loosen up any clumps. Pour yeast water into the flour. Mix with a fork until combined. Cover the bowl with plastic wrap. (Not a towel. You do not want the "sponge" to develop a "skin.") Set on counter for 12-18 hours. Do not touch it!



When it is time to bake, turn your oven to 450 degrees and place a large piece of parchment paper in a Dutch oven, or cast-iron pot. Place the empty pot in the oven to heat up. Meanwhile, gather the 'sponge' onto a lightly floured surface. Add flour as needed. Form into a ball. When oven is at 450, place the dough ball in the pot with the lid. Set timer for 30 minutes. After 30 minutes, remove the lid. Bake for an additional 20 minutes. Remove and try to let it cool before eating. It will be crunchy and beautiful!

\*Recipe from Rebekah Lyon's Rhythms for Life Learning Community





# Day Two

## BEGIN IN PRAYER

Draw near to God, and He will draw near to you (James 4:8).  
Ask the Holy Spirit to meet you wherever you are today.

## READ ROMANS 12:1-2

Read these verses slowly a couple of times.  
In the space below, paraphrase in your own words.

## REFLECT

What is one action you could take this week in light of today's verse? Write out your thoughts below.

## SPEND TIME IN HIS PRESENCE

As we make it a habit to spend time with Him, we begin to crave it! Taking a moment to slow down and praise God reroutes the path of the day ahead.



### Daily Challenge:

Get in some movement today.  
Go for a walk, ride your bike,  
do some stretches, dance in  
your living room - have some  
fun! Try for at least 30 minutes.





# Day Three

## BEGIN IN PRAYER

Begin this day by asking God for His strength and presence for the day ahead. This reminds us Who is really in control - we cannot do this life on our own!

## READ 2 CORINTHIANS 4:7-9

Read through this passage slowly a couple of times.  
In the space below, paraphrase in your own words.

## REFLECT

What is one action you could take this week in light of today's verse? Write out your thoughts below.


## SPEND TIME IN HIS PRESENCE

Try something new today - spend some extended time in prayer, journaling, or take a walk outside. If you enjoy connecting through music, try using the Bible app to read this passage to you.  
Explore new ways to meet with God!



### Daily Challenge:

Put your phone away for at least an hour today. Go for a walk, or engage in good conversation with a friend, neighbor, or family member.





# Encouragements from our team

We asked our team: What does Bible engagement look like for you in this season of your life? How do you like to spend time with God (go for a walk, listen to worship music, Bible memorization, etc.)? How does Bible engagement impact your life and ministry here at Shoreline Church?

## **JESSICA RATLIFF MOPS CO-COORDINATOR & SMALL GROUP LEADER**

"My Bible time looks different day to day, but the one thing that stays constant is spending time with God each and every day in some way, shape, or form. Some days I get quiet time in the morning before my family wakes up to spend in the Bible and journaling, some days it's listening to a sermon on my drive into work, other days I have small group or MOPS where we dig into the word. In this season of life my connecting moments with Christ look different each day. And I've come to be okay with that and adapt to it! I used to get so upset when I didn't get time in the morning right away to have coffee and open my Bible and it started to make it feel like a checklist, but now I know there are many ways I can engage with our Savior and that looks different during different seasons of life."

## **NANCY KREER MENTORING PRAYER WARRIOR & SMALL GROUP LEADER**

"In my 'Prayer Chair' I pray Ephesians 1:16 which says, 'I do not cease giving thanks for you, while making mention of you in my prayers; that the God of our Lord Jesus Christ, the Father of glory may give you a Spirit of wisdom and revelation in the knowledge of Him.' The word of the Lord is such a comfort to me and brings me such joy. My early morning prayer time with the Lord is my favorite time to read His Word and to lift my long list of precious ones that I know and have known throughout my life, in prayer. So many come to mind, and I praise the Lord that He knows this before I even speak and pray. As I leave all my prayers with Him I trust His mighty care for all that I lift in prayer, and that He is in control and His Presence is with each one."

## **MICHELLE BURNETT BIBLE STUDY FACILITATOR & WOMEN'S JAIL TEAM VOLUNTEER**

"My time in the Bible is precious time in the evening when my house is quiet and peaceful. I love helping to facilitate with Women's Bible Study and Women's Jail Ministry. These two opportunities to serve other women has allowed me to spend time in the Bible in preparation for our gathering along with opportunities to dig deeper into the word. This time in the Bible is so intimate and looks different for each of us. For me it continues to grow a deeper, personal relationship with God."







# Day Four

## BEGIN IN PRAYER

Use the Lord's Prayer to guide your prayer time today.  
To jog your memory, turn to Matthew 6:9-13 in your Bible.

## READ ISAIAH 43:18-19 & 65:17

Read through these verses slowly a couple of times.  
In the space below, paraphrase in your own words.

## REFLECT

What is one action you could take this week in light of today's  
verses? Write out your thoughts below.


## SPEND TIME IN HIS PRESENCE

Today, find a place where you can sit in silence (it can be your car if  
needed). Simply listen, and reflect on what God might be teaching you  
through this 5-Day Challenge.



### Daily Challenge:

Prepare a healthy meal for  
yourself and your family that  
nourishes your bodies and your  
hearts. Enjoy spending time with  
them around the dinner table.





# Day Five

## BEGIN IN PRAYER

Use this time to praise God and thank Him for what He has been revealing to you over the course of this challenge.

## READ REVELATION 21:3-5

Read through these verses slowly a couple of times.  
In the space below, paraphrase in your own words.

## REFLECT

What is one action you could take this week in light of today's verse? Write out your thoughts below.

## SPEND TIME IN HIS PRESENCE

The 5-Day Challenge does not stop here. Ask God to help you create a pattern of renewal for this year as you meet with Him. God's dwelling place is now among you; you have access to Him at all times!

### Daily Challenge:

Do something nice for yourself today. Make a cup of tea, take a bubble bath, journal, or walk your dog. Choose something that recharges your energy rather than depletes it.





# Memory Verse Cards

Cut out these cards or write one of your own! Put it up somewhere you'll see everyday. This month, try and memorize one of them! Recite your verse to a friend or spouse by the end of the month.

**JOHN 6:35**

Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty."



**ISAIAH 43:19**

See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.

