

# **The Freedom of Forgiveness**

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Forgiveness is essential for growing and guarding any relationship.

Forgiveness Defined (Biblical): To let go, give up a debt, to pardon, to wipe the slate clean

Deadly Myths of Forgiveness (World and Culture Says)

- Forgiveness is weakness
- Forgiveness is letting an undeserving person win
- Forgiveness is condoning another's bad behavior
- Forgiveness is forgetting

A Vision for Whole Relationships

Freedom to forgive without keeping score

Matthew 18:21-22

Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" 22 Jesus answered, "I tell you, not seven times, but seventy-seven times.

Forgiveness is an <u>intentional decision</u> to not hold a <u>grudge</u> against another person, despite what they have done to you or how many times they have done it.

Freedom to correct with grace and truth and forgive without constraint

Luke 17:3-4

"So watch yourselves. "If your brother or sister sins against you, rebuke them; and if they repent, forgive them. Even if they sin against you seven times in a day and seven times come back to you saying 'I repent,' you must forgive them.""

Forgiveness is a deliberate act of love, mercy, and grace.

#### Freedom to forgive as we have been forgiven

#### Colossians 3:13

"Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."

#### Ephesians 4:32

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

## Forgiveness is not only <u>hard work</u> it is truly <u>heart work!</u>

### The Reality and Reasons for Broken Relationships

- Forgetfulness: Not remembering the hope and freedom we enjoy as a child of God because of Jesus' forgiveness of our sins.
- 2. <u>Farsightedness</u>: Magnifying the sin of another against us while minimizing our own sinful words, actions, and attitudes.
- 3. <u>Hard-heartedness</u>: A stubborn refusal to take God and His Word seriously and apply it to our life.

#### The Way Forward to Healing, Hope, and Wholeness

- Freely forgive because you are forgiven.
- Freely forgive because He is faithful.
- Freely forgive because we are all flawed and fall short.
- Freely forgive because it brings freedom.

"When you release the wrongdoer from the wrong, you cut a malignant tumor out of your inner life. You set a prisoner free, but you discover that the real prisoner was yourself."

- Lewis Smedes, Pastor and Author